

CUMH RISK LIST: GP GUIDE 2023

| CONDITION DETAIL | SPECIALISED CARE PATHWAY | ASSISTED RISK PATHWAY or SUPPORTED CARE PATHWAY |
|---|---|--|
| Autoimmune disease | Active, on treatment | Autoimmune disease – history stable, no treatment (Aspirin) |
| Cancer | Active Cancer and treatment | Oncology history- treated/ remission- all cancers |
| Cardiovascular disease | A heart condition with haemodynamic consequences; Marfans and heart valves; previous cardiomyopathy, mitral stenosis/ aortic stenosis | Bicuspid aortic valve- normal echo; palpitations; stable SVT; Potts syndrome |
| Cervix | Multiple LLETZ/Cone Biopsy | CIN1-III; single LLETZ procedure |
| Dermatological | Diseases requiring systemic treatments | Stable cutaneous lupus; eczema/ dermatitis |
| Drug dependence or abuse | Excess Alcohol/Drug Misuse | History of misuse use of alcohol and other drugs |
| Endocrine - Diabetes Mellitus | Pre-existing insulin dependent or non-insulin dependent on medications | Gestational diabetes – diet only control |
| | | Gestational diabetes requiring insulin (all consultants with endocrine support) |
| - Thyroid disease | Hypothyroidism – new onset/unstable | Hypothyroidism – stable including on medication |
| | Hyperthyroidism | Treated thyroid cancer |
| | Addison’s disease, Cushing’s disease or other endocrine disorder requiring treatment | Addison’s disease, Cushing’s disease or other endocrine disorder not requiring treatment (may warrant discussion with PN Medicine) |
| | | P.T.O |

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|---|--|--|
| Gastroenterology | Inflammatory bowel disease- this includes ulcerative colitis and Crohn's disease | Inflammatory bowel disease- this includes ulcerative colitis and Crohn's disease -PNM discussion PRN |
| | Liver transplant; autoimmune liver (PBC/ PSC); cirrhosis | Gastroenterology Cholestasis Hepatitis B with positive serology Hepatitis C Gastric bypass surgery/other bariatric surgeries |
| Genetic | Maternal genetic issue with risk to offspring | Genetic-any condition - PNM discussion PRN |
| Haematological | Thrombo-embolic conditions. | Anaemia, including issue with haematinic levels. Anaemia is defined as Hb<10g/dl, not responding to treatment |
| | Coagulation disorders | |
| | Platelet problems | |
| | Haemoglobinopathies | |
| Hypertension | Chronic hypertension, on medication | Hypertension, no medication (Aspirin baseline renal function and urinary PCR) |
| Infectious Diseases Active disease | HIV- infection | Rubella - PNM discussion PRN |
| | | Varicella/zoster virus infection - PNM discussion PRN; IgG if mother non-immune |
| | | History of toxoplasmosis/ cytomegalovirus |
| Multiple Pregnancy | Twins, triplets etc. | |
| | | P.T.O |

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|-----------------------------------|---|--|
| Neurological | Epilepsy, without medication | |
| | Epilepsy, with medication | Treated Subarachnoid haemorrhage, aneurysms AV malformations – Neurosurgery advice |
| | Seizure disorder | |
| | Multiple sclerosis – active treatment | Multiple sclerosis – not on treatment |
| | Myasthenia gravis | History of uterine surgery – Myomectomy, hysterotomy |
| | Spinal cord lesion | |
| | Previous stroke | |
| | Intracranial shunts | |
| | Spina bifida | |
| | Muscular Dystrophy or Myotonic Dystrophy | |
| Obesity | BMI≥40 | BMI ≥29 (Assisted care/supported care) |
| Previous Obstetric History | | |
| | Active blood group incompatibility (Rh, Kell, Duffy, Kidd) | ABO- incompatibility |
| | Cervical incompetence (and /or Shirodkar- procedure) | Caesarean Section |
| | Eclampsia/ preeclampsia (<34 weeks) | Fetal growth restriction |
| | Fetal growth restriction – delivery <34 weeks | Hypertension in the previous pregnancy (Assisted care/supported care) |
| | Spontaneous Pre-term birth (<34 weeks) in a previous pregnancy | Pre-term birth (<37 weeks) in a previous pregnancy (Assisted care/high risk care) |
| | Previous stillbirth | |
| | Previous neonatal death (link to previous consultant +/- history) | P.T.O |

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|--|--|--|
| Previous Obstetric History cont'd | Prior child with congenital and /or hereditary disorder | |
| | Placenta accreta | Pre-eclampsia in the previous pregnancy - PNM discussion PRN & Low dose Aspirin |
| | Recurrent miscarriage (3 or more times) | Recurrent miscarriage- x2 consecutive |
| | | Postpartum depression (Assisted care/supported care) |
| | | Postpartum haemorrhage >500mls |
| | Second trimester IUD | Third or fourth degree perineal laceration - functional recovery - no/poor function recovery |
| TB | Active tuberculous | Tuberculous, non-active |
| Uterine | | Uterine Abnormalities |